



The MAGIC Foundation

Conference for Adults with Endocrine Disorders

Denver, CO
October 16–18, 2026



Welcome

Welcome to The MAGIC Foundation National Conference for adults with Cushing's Syndrome, Growth Hormone Deficiency, and Panhypopituitarism.

This weekend brings together adults living with complex endocrine conditions for education, conversation, and connection in a supportive setting. Attendees will hear from experienced medical professionals and patient advocates while exploring topics related to treatment, long-term management, research, and the realities of daily life with rare endocrine disorders.

Created as a smaller and more personal gathering, the conference encourages open discussion, shared experiences, and meaningful community throughout the weekend.

We are grateful to our speakers, sponsors, volunteers, and attendees for helping make this event possible. Thank you for joining us in Denver, and we hope your time here is both informative and encouraging.

About The MAGIC Foundation

The MAGIC Foundation is a nonprofit organization dedicated to providing support, education, advocacy, and resources for families and adults affected by a wide range of growth-related and endocrine disorders. Through patient education, research support, and community connection, MAGIC works to improve awareness and quality of care for individuals living with rare and chronic medical conditions.

[REGISTER HERE](#)

Meet Our Speakers



**Elena A Christofides, MD, FACE
CEO**

Endocrinology Associates
www.endocrinology-associates.com
Ohio



Sharon Doyle Murphy
AGHD/Panhypopituitarism
Division Consultant
The MAGIC Foundation
Illinois



**Theodore C. Friedman MD,
PhD**
Professor of Medicine-
Charles R. Drew
University of Medicine &
Sciences and UCLA
California



Susan Grayson
Owner/Administrator
The Many Faces of
Cushing's, Facebook
Patient Advocate
Retired Aerospace System
Engineer and Website
Analyst
Arizona



Atil Kargi, MD, F.A.C.E
Clinical Endocrinologist
Professor of Neurosurgery
Co-Director of Pituitary
Center
in Department of
Neurosurgery U of NC
North Carolina



Laurence Katznelson, MD
Vice Dean, Medical
Education
Professor of Medicine
Cedars-Sinai Medical
Center
California



Shauna Nelson
Cushing's Division Consultant
The MAGIC Foundation
Washington



Karen Gozzo Nolan
Abstract Artist
Cushing's and
Panhypopituitarism Patient
Florida

Conference Overview

Event Details

October 16 - 18, 2026

Conference Registration Fee

\$150 for the first attendee. \$50 each additional attendee in your family.

Registration fees include Friday night's reception and lunch Saturday and Sunday.

Saturday night paint party is optional for an additional charge of \$50. (includes painting and dinner)

Registration fees and forms are due by **September 25**. Any registrations received after this time will be charged a late fee of \$25. There will be no refunds after **September 25**.

Friday Reception & Registration

5-8pm in room Summit Peak to include finger foods.

Saturday Evening Pizza and Paint (OPTIONAL)

Join us for a fun, artist-led paint night. An artist will bring supplies to the hotel and we will all paint a canvas. Pizza buffet is included.

MUST REGISTER AND PAY FOR THIS EVENING'S ACTIVITIES TWO WEEKS PRIOR TO THE EVENT IN ORDER TO PARTICIPATE.

REGISTER HERE



Hotel and Travel

Location

Embassy Suites by Hilton Denver International Airport
7001 N Yampa St.
Denver, CO 80249

Hotel Room Rates and Reservations

King Suite: \$160.89 including tax per night

A complimentary made to order breakfast is included with your stay.

Reservations can be made online at the following booking link:

[Embassy Suites by Hilton MAGIC Room Block](#)

Deadline to book your room is **September 25, 2026**

Guestroom and Meeting Room Wifi - complimentary

Parking and Transportation

The hotel is located approximately 15 minutes from Denver International Airport. Shuttle and parking are complimentary for MAGIC members staying at the hotel.

Airport Shuttle: Upon arrival, proceed to baggage claim. Exit Door 512 on the WEST SIDE and wait on Island 3. Watch for the shuttle with "Embassy Suites Denver International Airport" displayed in the front window and on the side of shuttle. It will pick up promptly every thirty minutes on the (:15) and the (:45) of every hour.

When arriving at the hotel, ensure you sign up with the front desk for your return trip 24 hours before your departure. Call the hotel at (303)574-3000 for special assistance.

Schedule

FRIDAY, OCTOBER 16

5:00-8:00 PM

REGISTRATION AND RECEPTION

SATURDAY, OCTOBER 17

9:00-9:45 AM

Panhypopituitarism and Cushing's Syndrome 101 (Christofides)

10:00-10:45 AM

Steroid Management with Q&A (Christofides)

11:00-11:45 PM

Life After Surgery: Shades of Gray (Grayson)

12:00-1:15 PM

Group Lunch with Roundtable Discussion (Doyle Murphy, Nelson)

1:30-2:15 PM

Hormone Replacement (Katznelson)

2:30-3:15 PM

Cushing's Recurrence and What to Do (Katznelson)

3:30-4:15 PM

Dreams Are Only Dreams Unless You Make Them Happen (Nolan)

5:30-8:30 PM

DINNER AND PAINT ACTIVITY

Schedule

Sunday, October 18

9:00-10:15 AM

Current Research in Pituitary Disease (Kargi)

10:30-11:15 AM

GLP-1s for Patients with Pituitary Problems (Friedman)

11:30-12:00 PM

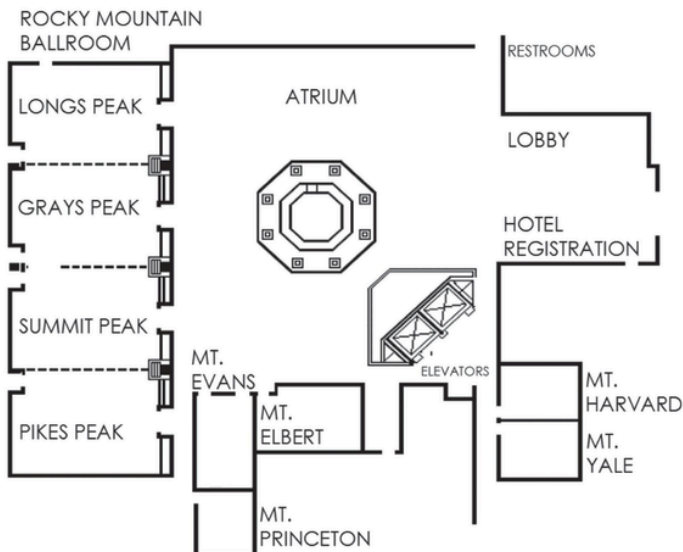
Perimenopause, Menopause and Hormone Replacement Therapy (Friedman)

12:15-2:00 PM

Fine Tuning Makes a Difference: Case Presentations (Friedman, Kargi)

2:15-2:45 PM

Timing of Thyroid Hormone Replacement Therapy (Friedman)



Sessions

Current Research in Pituitary Disease

Kargi

Current research and clinical advances in adult growth hormone deficiency, Cushing's syndrome/disease, and panhypopituitarism, highlighting evolving diagnostic approaches, disease mechanisms, and long-term patient outcomes. Q&A session to follow.

Cushing's Recurrence and What to Do

Katznelson

Reviewing the methods for detecting recurrence of Cushing disease, as well as management options available if recurrence occurs.

Dreams Are Only Dreams Unless You Make Them Happen

Nolan

Surviving Cushing's disease, with two pituitary surgeries, being left Panhypopituitary, regaining strength and stamina again, to follow my childhood dream of becoming a main stream abstract artist in the world of fine art.

Fine Tuning Makes a Difference: Case Presentations

Friedman, Kargi

Case-based presentations exploring adult growth hormone deficiency, Cushing's syndrome/disease, and panhypopituitarism, illustrating how individualized treatment plans, medication adjustments, and attentive long-term care can significantly improve patient outcomes and quality of life. These sessions will offer practical insights from real-world endocrine care. A question & answer session will follow.

GLP-1s for Patients with Pituitary Problems

Friedman

GLP-1 medications may help people with pituitary disorders manage weight, blood sugar, and related health concerns. Patients and caregivers will learn what to expect from treatment, potential side effects, and key questions to discuss with their healthcare team.

Sessions

Hormone Replacement

Katznelson

Approaches to replacing pituitary hormones, and how these may change with aging and pregnancy.

Life After Surgery: Shades of Gray

Grayson

Navigating the ups and downs of Cushing's Disease after surgical treatment.

Menopause, Perimenopause, and Hormone Replacement Therapy

Friedman

An overview of perimenopause and menopause symptoms, including the latest evidence on hormone replacement therapy and other treatment options. Patients will learn about potential benefits, risks, and common misconceptions to support informed, personalized care decisions.

Panhypopituitarism and Cushing's 101

Christofides

An introductory overview covering causes, symptoms, diagnosis, treatment fundamentals, and daily management strategies for patients and caregivers.

Steroid Management

Christofides

A practical discussion of steroid replacement therapy, including dosing, stress dosing, adrenal crisis prevention, medication timing, and strategies for safe long-term management in patients with panhypopituitarism and post-operative Cushing's Syndrome.

Timing of Thyroid Hormone Replacement Therapy

Friedman

An evidence-based review of thyroid hormone replacement timing and differences among commonly prescribed medications. Patients will learn practical strategies for taking thyroid medication, including whether it should be taken on an empty stomach, to improve consistency and effectiveness.



A Special

THANK YOU

to our sponsors and speakers
for your continued support.